

walk gradings & when to go

group guided



Auswalk **group guided** trips are suitable for healthy people of all ages who enjoy walking. We operate these trips with two guides, so no experience or special skills are required, just a love of the outdoors and a sense of adventure.

the advantages of having two guides...

With two guides we can offer challenging hikes as well as walks at a more relaxed pace. You can mix and match your choice of walks from day to day. Each **group guided** trip offers something for fit, adventurous people looking for a challenge. And each trip also offers something for the relatively inexperienced, or those who prefer to walk at a slower pace or dislike feeling pressured to keep up with faster walkers. This means our **group guided** walks have something for almost everyone, including friends and couples with different fitness levels. You can enjoy your holiday together but not necessarily walk together every day.

some trips are harder than others...

Our Tasmanian Wilderness Hiker trip has no options available - the whole group must walk together. The walking is mostly moderate but it's not suitable for beginners. Lord Howe Island is also unsuitable for beginners as all the tracks are uneven, even the easy ones. On other trips with challenging options we are also able to offer an easier choice. The Great South West Walk has very easy walking but long distances, so this trip will suit people who like flat walking but can walk a long way - there are pull out options along the way. If in doubt about your suitability for a trip, please contact the office to discuss it with one of our guides.

the best time to go...

That's easy - we only schedule our **group guided** trips at a time that is suitable for walking in each area.



inn-to-inn

Each **inn-to-inn** trip has been graded, showing the percentage of walking that is easy, moderate and more challenging. Go to the Fast Facts section on each walking holiday page to compare the grading of each trip.

Easy: Well formed tracks without steep sections or rough terrain.

Moderate: Some ups and downs, including some sections of steps, usually well formed tracks with occasional rough surfaces.

More challenging: Might include steep or sustained uphill or downhill sections, longer sections of steps, soft sand or rough track surfaces.

options along the way...

Auswalk's **self-guided** Walk Notes describe the core walking to get from A to B. They often also describe opportunities to increase or decrease the amount of walking you do on most days. There may be optional side trips or a choice of route for part of the day. If you feel like a day off it is usually possible to travel ahead with your luggage. Also, additional rest days can be incorporated into the itinerary but they must be booked when you initially book your holiday.

guided inn-to-inn trips...

Your group of 2 or more people will have your own guide and he/she will be able to adjust the walking to suit your needs.

the best time to go...

Each trip has been colour-coded to help you choose the best time to enjoy a walking holiday in that area. In this example, the best time to walk is during the green months of October to April. Yellow is still a good time to go, orange is not as good and red means we won't accept a booking at that time of the year (due to snow cover in alpine regions or hot and humid conditions over the summer months).

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